

Patient information

What Should I Expect After a Flexible Cystoscopy?

Urology Department

You have had a flexible cystoscopy. This leaflet explains what you should expect when you get home.

What can I expect when I get home?

You will find it uncomfortable to pass urine for the first 24 hours. This discomfort should improve as time goes by. If it is getting worse or you are finding it difficult to pass, water or you are feeling feverish or unwell it is important that you speak to your family doctor (GP) or attend your nearest Emergency Department (A&E).

How will I know if I am experiencing complications?

You should contact your GP or attend a walk in centre if you have any of the following:

- severe pain or bleeding.
- any pain or bleeding lasts longer than two days.
- you develop symptoms of infection – increasing pain, frequent desire to pass urine, urgency of passing urine.
- if you are unable to pass urine.

If you cannot see your GP or be assessed at a walk in centre, you should attend The Emergency Department (A&E) of your nearest hospital and explain you have had a flexible cystoscopy.

Can I do everything as normal?

You can return to normal activity straight after the cystoscopy unless you are seeing blood in the urine. If you see blood avoid heavy exercise until the bleeding has settled.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

For clinical questions specific to your case, telephone the secretary of your Urology Consultant

For general queries telephone the Urology Centre on
Tel: 0151 282 6799/6789
Text phone number: 18001 0151 282 6799/6789

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