

## Patient information

### What Can I Expect After a Prostate Biopsy?

#### Urology Department

You have had a prostate biopsy. This leaflet explains what to expect when you get home.

#### What can expect when I return home?

It is sensible to take it easy for the rest of the day. Try to drink fluids regularly for a few days afterwards to help flush out any possible infection. It is quite normal to have some blood in your urine, stool and semen for a day or two. You may then notice a brown or reddish colour in your semen for a month or two after the biopsy.

#### How will I know if I am experiencing complications?

**You must attend the Emergency Department (A&E) of your nearest hospital immediately and explain that you have had a prostate biopsy if you have any of the following:**

- flu like symptoms within 48 hours of the biopsy
- a burning sensation on passing urine or your urine becomes smelly
- increasing pain
- an inability to pass urine
- an increase in blood in the urine
- a high temperature or fever.

**If you have these symptoms, it is reasonable to call an ambulance if a friend or relative cannot bring you to hospital immediately.**

#### When will I get the results?

The laboratory results are usually sent in a report to your surgeon. Your surgeon will review the results and discuss them with you at your follow up appointment. The results will hopefully give a better understanding of your medical condition and your surgeon will offer suitable advice and treatment.

Please feel free to bring a friend or relative when you come for your results.

## **Feedback**

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

## **Further information**

**For queries about your appointment, contact the hospital you have been referred to.**

**Royal Liverpool Hospital Urology Department Tel: 0151 282 6877/6788 Text phone number: 18001 0151 282 6877/678**

**Aintree Hospital Patient Appointment Centre Tel: 0151 529 4550 Text phone number: 18001 529 4550**

**Urology Specialist Nurses Royal Liverpool Hospital Tel: 0151 282 6800 Text phone number: 18001 0151 282 6800**

**Aintree Hospital Urology Specialist Nurses Tel: 0151 529 3484 Text phone Number; 18001 0151 529 3484**

**Cancer Hub Royal Liverpool Hospital Tel: 0151 282 6818 Text phone Number: 18001 0151 282 6818**

**Author: Urology Department Review  
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