



#### Patient information

# Very Low Blood Pressure for Removal of a Tumour from inside the Eye ('Trap Door Operation')

St Paul's Eye Department

You have a malignant melanoma of your eye. This tumour can be removed surgically through a trapdoor created in the wall of the eye. To perform this operation the anaesthetist must lower your blood pressure to a very low level. This is riskier then having a normal anaesthetic.

The following questions and answers should help you decide whether to have this operation. The alternative is to have the eye removed.

After you have read this leaflet you will be able to discuss your anaesthetic further with your anaesthetist. You do not have to make up your mind until you are quite satisfied that you have all the information you require.

## Why does my blood pressure have to be lowered?

Lowering the blood pressure prevents bleeding, which would damage your retina, possibly resulting in loss of sight.

#### How much will my blood pressure be lowered?

To a third of your normal blood pressure. So if your normal systolic (upper) blood pressure is 150mmHg, it will be reduced to 50mmHg. However, the pressure is not lowered to less than 40mmHg even if your normal blood pressure is lower than 120mmHg.

# For how long is the blood pressure lowered?

The blood pressure is lowered only while the trap door is open, usually between 45 and 120 minutes.

#### What are the risks?

You may suffer a heart attack, brain damage or spinal cord damage, which can be fatal or which can cause permanent disablement. These complications are very rare.

### How likely are these to happen to me?

So far, in over 500 of these procedures, there have been no serious complications. We estimate that the risk of serious complications from having your blood pressure lowered is about 0.5% (or one in 200).

#### Is there anything you can do to prevent complications?

Your anaesthetist and his or her team do everything possible to minimise the risk of complications. Your blood pressure is monitored continuously using a device placed in an artery. This means that we can follow your blood pressure very precisely. We also monitor the heart and brain to try to detect immediately any lack of oxygen. At present, we cannot monitor the spinal cord.

The technique used to lower your blood pressure is carefully designed to keep the blood flow as normal as possible in spite of the low pressure. The anaesthetic used is designed to protect the vital organs during low pressure.

### What happens if the monitoring suggests that something is wrong?

If your anaesthetist is at all worried about your condition, your blood pressure will immediately be brought back to normal. However, this may result in bleeding into the eye and loss of vision.

# At what stage is the period of high risk over?

You are no longer at risk once you have woken from the anaesthetic

#### **Feedback**

Your feedback is important to us and helps us influence care in the future

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

#### **Further Information**

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