



Where we all
make a difference



The Royal Liverpool
and Broadgreen
University Hospitals
NHS Trust

Patient information

Pain Relief after Surgery

Anaesthesia

At the Royal Liverpool and Broadgreen University Hospitals NHS Trust we aim to make patients as comfortable as possible after surgery. The Acute Pain Service is a team of doctors and nurses with a specific role to oversee pain control. Please read the following information carefully; it explains the treatment of any pain or discomfort you may feel after your operation.

When you wake up from your anaesthetic, in the recovery ward, you will have a nurse with you who will ask you if you are comfortable. If you feel pain at this stage, let the nurse know. It is easy to have some pain relief straight away.

When you return to the ward, your nurse will ask you regularly about the amount of pain you have. They will assess the best method of treatment and try to keep you comfortable after your operation.

It is normal to have some degree of soreness immediately after your operation. However the majority of patients have a structured approach to medicines which help manage your pain.

Clinical studies have shown that with good pain relief patients recover from surgery more quickly and may go home sooner.

If there is anything you do not understand please ask the nurse looking after you.

If appropriate, a member of the Acute Pain Team will visit you before your operation to discuss your individual needs and ensure that these are met.

Do not hesitate to ask, as we are only too happy to answer your questions. Your nurse will be able to contact us.

Feedback

Your feedback is important to us and helps us influence care in the future

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

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Review date: October 2021

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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