

Open Access Follow-Up

Mammograms

Aintree University Hospital
NHS Foundation Trust

Aintree Breast Unit
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Appointments

For the majority of women who have had breast cancer, our current recommendations are that you should have annual mammograms for the next **five** years, or until you reach screening age.

If you need to change your mammogram appointment, please call 0151 529 0209

Results

After your mammogram, you will receive results by letter.

It is important to make sure that the hospital has your correct address and telephone number. If you do not receive your results within one month please contact us.

Sometimes, after receiving treatment for breast cancer, mammograms are not as easy to read; therefore we may recall you so we can carry out a clinical examination and some tests.

We will contact you by telephone or by letter if this is the case.

The NHS Breast Screening Programme

A screening invitation is sent to all women between the ages of 47 and 73, even if you have recently undergone treatment for breast cancer.

If you receive an invitation to attend for a screening mammogram during the time you are attending the hospital to have a routine mammogram, please cancel the

appointment with the Breast Screening Unit and tell them that you are receiving regular mammograms at the hospital after treatment for breast cancer.

People who have had breast cancer are at an increased risk of developing a further cancer in the same breast (recurrence) or a new cancer in the other breast.

Mammograms (breast x-rays) can detect breast cancer before it is able to be felt, either by you or a health care professional. For the majority of women, mammograms are the recommended way of checking for breast cancer.

For some women mammography may not be appropriate and we will discuss the other options if this is the case.

If you are aged 73 or over

You will not be routinely called for screening; however, you can continue to have mammograms every three years by requesting an appointment.

Please contact your local NHS Breast Screening Unit or GP to arrange this.

After your annual mammograms

The NHS breast screening programme starts inviting women for screening from the age of 47.

If you are aged under 47

After five years of follow-up mammograms we may recommend that you continue to

have mammograms yearly at Aintree until you reach screening age.

If you are aged over 47

After your five years of mammograms, you will be invited to attend the National Breast Screening Programme for mammograms every three years by your local screening service.



If you require a special edition of this leaflet

This leaflet is available in large print, Braille, on audio tape or disk and in other languages on request. Please contact:

Tel No: 0151 529 2104

Email: interpretationandtranslation@aintree.nhs.uk