

Patient information

Urology Diagnostic Clinic

Urology Department

Your family doctor (GP) has referred you to the Urology Department for investigation. This leaflet explains what to expect when you come to Urology Diagnostic Clinic.

Why have I been offered an appointment in Urology Diagnostic Clinic?

Your GP has referred you to Urology because they think you need further investigation of your urinary tract. This clinic can do tests for many different problems including blood in the urine (haematuria), urinary tract infections (UTI), cystitis, prostate problems and problems passing or holding your urine.

A clinician has looked at your GP referral and feels that Urology Diagnostic Clinic will give the best chance of giving you a diagnosis and treatment plan in one clinic visit.

You may have had a telephone consultation with one of our team already.

What is the aim of Urology Diagnostic Clinic?

The aim of the Urology Diagnostic Clinic is to diagnose the cause of the problem in as many people as possible in a single clinic visit.

What happens In Urology Diagnostic Clinic?

- When you arrive you will check in at our reception desk in Outpatients 3 at the Royal Liverpool.
- You will be asked to provide a urine sample
- You may have blood samples taken.
- You may have an ultrasound scan of the kidneys and bladder
- You will be offered a flexible cystoscopy. A flexible cystoscopy is when a small flexible telescope is passed into the bladder through the urethra (water pipe) in order to look at the lining of the bladder (see further leaflet – Flexible Cystoscopy and click this link to watch our video <https://www.liverpoolft.nhs.uk/services/service-finder/urology>). A clinician will explain the procedure and take your consent. There will be time to ask questions.
- The clinician undertaking the flexible cystoscopy will confirm your medical history, examine you and perform the flexible cystoscopy.

- During your visit you may be asked to pass urine into a flow machine. This measures how fast you pass urine. Following a flow test it is normal to have a scan of the bladder to check to see if you have emptied completely.

How do I prepare for Urology Diagnostic Clinic?

About Ten days before your visit you may be sent an electronic questionnaire from DrDoctor to your phone. Please fill it in as soon as possible. This will help your visit run smoothly.

If you are having problems with urinary tract infections (UTIs) or cystitis please attend your GP practice seven-ten days before your clinic visit to do a urine specimen. Please ask them to send it for a urine culture. If you are found to have an infection please ask your GP to start antibiotics for you. If you have an infection on the day of the clinic visit you will not be able to have a flexible cystoscopy.

You may be sent forms to fill in with your appointment letter. These are a time and amount chart and an IPSS score. Please complete these forms in the week before your appointment (the time and amount chart takes three days to fill in).

You can eat and drink as normal before your appointment.

Please come in loose fitting clothes. Some people would like to change into a gown for their procedure, which we will provide, but this is not necessary. It is your choice.

What do I need to bring with me?

£1 for the locker otherwise as little as possible. The £1 is refundable.

How long does urology diagnostic clinic take?

You can expect to be at the clinic for one -two hours.

When will I get my results?

A doctor will see you with most of your results at the end of your visit. The results will be explained to you and any further treatment or tests will be organised.

Can someone attend the appointment with me?

A member of your family or a friend is welcome to accompany you to the appointment. They will be able to sit in during your consent process and for the results of your tests. They will not be able to sit with you in the procedure waiting area in order to respect the privacy and dignity of other patients.

You will be able to drive home after the appointment.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your Outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.



QR code for Flexible Cystoscopy Outpatients 3 RLH

Further information

**For general queries about Haematuria Clinic telephone the Urology Centre on Tel: 0151 282 6809
Text phone number: 18001 0151 282 6809**

For clinical questions specific to your case, telephone the secretary of your Urology Consultant

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All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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