

Patient information

Falls Movement Alarms

Trust Wide Information Royal Liverpool Hospital Sites

This leaflet includes information on the safe use of falls prevention equipment for patients and relatives.

What is a falls movement alarm?

- A falls movement alarm is a device to monitor you or your relative if you are considered to be at risk of falling whilst in hospital
- Should result in a reduction in falls.
- It is an early warning system made to assist and can help you or your relative from falls.

The falls movement alarm will not stop all people from falling, but they will reduce the likelihood of a fall while in hospital.

On admission to the ward area you will have a falls risk assessment completed to identify if you are at risk of falling. Only if you are identified as being at risk and with your consent will a falls movement alarm be considered. It may also be necessary to refer you to other specialties: Occupational Therapist, Physiotherapists, Chiropodist and Falls Team.

When would the falls movement alarm not be used?

A falls movement alarm would not be used if you declined to use the equipment or if it was identified that another falls prevention method would be more effective.

Alternatives to using a falls movement alarm

If following a nursing assessment and discussion with you and/or your relatives, a falls movement alarm is considered unsuitable, the nurse may offer following alternatives or additions to optimise your falls prevention care package:

- Making sure your bed is always in the lowest position.
- Making sure your nurse call bell is always within easy reach.
- Making sure items you need are within easy reach so you do not have to stretch to reach them.
- Making sure correct well-fitting footwear is used with non-slip soles.
- Making sure your environment is safe and in easy access to a bathroom.

Whenever possible patient's relatives are encouraged to be involved in the discussions about the correct use of falls movement alarms, this will help with the management of falls prevention.

What happens on discharge if I have needed falls equipment during my hospital stay?

If you or your relative have any concerns about your home environment and any falls prevention equipment highlight this to the staff on the ward to help support you with this matter.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your Outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information:

If you need any further information the Falls Specialist Nurse can be contacted on

**Royal Liverpool Hospital and Broadgreen Hospital
Tel 0151 706 3477 Bleep 5051
Text phone number: 18001 0151 706 3477**

**Aintree Hospital
Tel: 0151 525 5980 Ext 3406 or Bleep 5520
Text phone number: 18001 0151 525 5980 Ext 3406 Bleep 5520**

Further Information:

You can get further information locally from:

Customer Services Tel: (0151) 529 3287

**Liverpool Community Falls Team (Merseycare NHS Foundation Trust)
Tel: (0151) 296 7767/ 8**

**Knowsley Falls and Wellbeing Service (North West Boroughs
Healthcare NHS Foundation Trust)
Tel: (0151) 244 3362
Email: fallsand.wellbeingsservice@nwbh.nhs.uk**

**Sefton Community Falls Team
Tel: (01704 387 216)**

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

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