

Patient information

Advice for Patients Following a Blood Transfusion

Haematology

Advice for patients who have received a blood transfusion as a day case patient or on the day of their discharge.

You recently received a blood transfusion and there is a very small risk you might experience some unexpected symptoms after you leave hospital. These are usually mild in nature and cause very few problems, but it is important to report any unusual or unexpected symptoms to your doctor or nurse.

Most symptoms occur within 24 hours of the transfusion but can, very occasionally, develop up to 14 days later. If you unexpectedly experience any of the following symptoms:

- A high temperature (especially above 38.5 degrees Celsius).
- Shivering or cold chills (rigors).
- Breathing problems.
- Blood in your urine.
- Itchy skin rash or nettle rash (hives/urticaria).
- Passing much less, or very dark, urine.

Please ring the following number for advice: Contact Tel. No.....

It is important that any possible symptoms relating to the transfusion are reported so they can be treated appropriately and quickly if needed. In the rare event of an emergency, if you are unable to contact your hospital team, please contact your either your GP / NHS 111 or Dial 999 as soon as possible for advice.

Patient details	Consultant.....
NHS Number.....	
Hospital Number.....	
Surname.....	
Forename.....	
Date of Birth.....	

This section to be completed by staff on discharge. Explain to the patient how to obtain assistance in the event of problem (both in hours and out of hours)

Ward/Department.....

Contact telephone number(s):

Daytime..... Night-time/weekends.....

Date and time of last transfusion.....

If you are a haematology patient – please use the contact numbers that have been provided for you if you have any problems following your blood transfusion. If you would like to have further information or advice about this, or other aspects of blood transfusion, please feel free to discuss this with your doctor or nurse.

How is a transfusion reaction treated?

Most symptoms can be treated with simple medications like paracetamol or an antihistamine (allergy medication). More serious reactions may need treatment in hospital; however, this is rare. Please note: National rules say that anyone who has had a blood transfusion cannot be a blood donor in the future. Therefore, please note that after this transfusion, you cannot donate blood.

Feedback

Your feedback is important to us and helps us influence care in the future.

Following your discharge from hospital or attendance at your outpatient appointment you will receive a text asking if you would recommend our service to others. Please take the time to text back, you will not be charged for the text and can opt out at any point. Your co-operation is greatly appreciated.

Further information

In the event of a problem (both in hours and out of hours please contact the ward on the telephone number(s) on the front page of this leaflet.
<https://www.nhsbt.nhs.uk>

Home - NHS Blood Donation

Author: Transfusion Practitioners LUHFT
Review date: July 2027

All Trust approved information is available on request in alternative formats, including other languages, easy read, large print, audio, Braille, moon and electronically.

يمكن توفير جميع المعلومات المتعلقة بالمرضى الموافق عليهم من قبل ائتمان المستشفى عند الطلب بصيغ أخرى، بما في ذلك لغات أخرى وبطرق تسهل قراءتها وبالحروف الطباعية الكبيرة وبالصوت وبطريقة برايل للمكفوفين وبطريقة مون والكترونياً.

所有經信托基金批准的患者資訊均可以其它格式提供，包括其它語言、易讀閱讀軟件、大字體、音頻、盲文、穆恩體 (Moon) 盲文和電子格式，敬請索取。

در صورت تمایل میتوانید کلیه اطلاعات تصویب شده توسط اتحادیه در رابطه با بیماران را به اشکال مختلف در دسترس داشته باشید، از جمله به زبانهای دیگر، به زبان ساده، چاپ درشت، صوت، خط مخصوص کوران، مون و بصورت روی خطی موجود است.

زانیاری پیوندیدار بهو نهخوشانهی له لایهن تراستهوه پهسهند کراون، نهگهر داوا بکریت له فۆرماتهکانی تر دا بریتی له زمانهکانی تر، نیزی رید (هاسان خویندنهوه)، چاپی گهوره، شریتی دهنگ، هیلی موون و نهلیکترۆنیکی ههیه.

所有经信托基金批准的患者信息均可以其它格式提供，包括其它语言、易读阅读软件、大字体、音频、盲文、穆恩体 (Moon) 盲文和电子格式，敬请索取。

Dhammaan warbixinta bukaanleyda ee Ururka ee la oggol yahay waxaa marka la codsado lagu heli karaa nuskhaddo kale, sida luqaddo kale, akhris fudud, far waaweyn, dhegeysi, farta braille ee dadka indhaha la', Moon iyo nidaam eletaroonig ah.